



**Sheraton®**

NEW YORK  
TIMES SQUARE  
HOTEL

# Manhattan, Made Accessible

Learn more about what you can expect from your stay at the Sheraton New York Times Square Hotel.

## **FITNESS**

As the first hotel in New York City to offer certified personal trainers and nutrition specialists, our goal is to fuel fast and focused workouts, delivering maximum results in minimum time. Guests can customize their workout to their day and their stay with features like Wi-Fi, 24-hour access, and cutting-edge equipment, including 10 Peloton bikes, the largest offering outside of a Peloton studio.

## **DINING**

Enjoy classic locally inspired dishes for breakfast and lunch at Hudson Market. Start your day with fresh Starbucks® beverages and grab-and-go breakfast options at Library Bar, then come back for a creative cocktail and some relaxation after a day of exploring the city.

## **MEETING SPACE**

Plan an inspiring meeting or special event with our 62,000 square feet of event space. We offer 39 distinct meeting rooms for events of all sizes, including our sprawling Metropolitan Ballroom with space for up to 3,000 attendees. We offer a full host of meeting planning services, custom catering, and state-of-the-art audiovisual equipment and technicians to ensure success.

## **AT A GLANCE**

- Guestrooms: 1,719
  - Single: 850
  - Double: 869
- Suites: 61
- Meeting spaces: 43
- Total meeting area: 62,000 square feet
- Amenities: Innovative 24/7 Fitness Center, FedEx Office Print & Ship Center, Business Center, In-Room Dining, Library Bar, Hudson Market

## **CHECK-IN/CHECKOUT INFORMATION**

- Check-in: 4:00 PM
- Checkout: 12:00 PM
- Express Check-in, Express Checkout

## **CLUB LOUNGE**

- Access: 2 guests per room
- Location: Lobby level (facing 7th Ave)
- 24-hour daily access: (soft drinks, water, coffee)
- Breakfast: Mon–Fri, 6:30 AM–10:00 AM  
Weekends, 7:30 AM–10:30 AM
- Hor d'oeuvres: Daily, 5:30 PM–7:30 PM
- Honor Bar: 5:00 PM–11:00 PM



# Sheraton New York Times Square Hotel

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[marriott.com/nycst](http://marriott.com/nycst)

## FITNESS CENTER

- Open 24 hours, complimentary for hotel guests
- 10 Peloton bikes
  - 14 daily classes
  - 5,000 workouts
- Weights, cardio and strength training equipment
- TRX suspension system
- Certified personal trainers and nutrition specialist

## LOCAL AREA

- LaGuardia Airport: 30 minutes
- John F. Kennedy International Airport: 45 hour
- Jacob K. Javits Convention Center: 6 minutes
- Times Square: 3 minutes
- Central Park: 5 minutes
- American Museum of Natural History: 10 miles

